

We are but a drop in the ocean of Almighty and somehow we should try to become a river from the drop: Pujya Sri Ramchandraji Maharaj.

Respected brothers and sisters

Namaste. With your permission I would like to share a few thoughts on my understanding of the above topic.

A drop has a definite boundary and it's akin to our individuality with a set of thoughts, beliefs, likes and dislikes etc. How does this drop in the ocean somehow become a river? A drop in the ocean vapourises and forms a cloud, rains and further forms a river. I feel this statement tells us how one has to evolve.

1. Individual Sadhana : Ours is a unique system which helps us in this evolution. The methods of meditation are the basic tenets one has to follow. If not, one has to make a determination and start. We are not like Ajamila who will be liberated by uttering the lord's name in the final moments. If we do not practice now, we will not be able to be in His consciousness then.

During sadhana, we observe that our thoughts, actions due to these thoughts always define us. We attach ourselves so much to these, as they give a sense of security by defining us. This will not 'let go' and further bond us. Only a serious contemplation on the goal of life will let viveka dawn on us. The questions one should keep asking is

- What is our goal? Are we oriented towards our goal?
- Are we spending time in reading and contemplation of messages?
- Are we trying to contemplate the messages and live in its essence?
- Are we doing everything as a trustee, as a duty unto Him?
- What is that, that is hindering and that which always keeps a distance between what want and what we are actually doing?

Sometimes we do not want to shed those layers that block us as we try to attach ourselves to it as an individual, which loses its expression otherwise. There is an inner conflict that goes on and only sincere prayer to Master will help us again.

Sadhana is not just about individual evolution but for the collective good. As we recall Pujya Sri K C Narayanagaru's words from the talk, "No doubt the world will be paradise but for that we have to work hard" – "We may recall reaching 500 on the Hawkins Scale of Consciousness requires

a person to be spiritually conscious. At this level, unconditional love and unconditional forgiveness is the living and abiding reality. Here, one person counterbalances 750,000 people who are below the 200 level. When a person has practiced meditation long and diligently enough to attain bliss consciousness at the 600 level, he at that moment is counterbalancing 10 million people below the 200 level. And that is our contribution to the peace of this world as well as its transformation. It needs no stress that we are obliged to live in that plane and all the more so because of the help that we get from our beloved Master Rev. Babuji Maharaj. This surely is a hard work and if we have love for Master and his message to the world we will not feel the strain and in fact will work in absolute peace and happiness.”

2. Cooperative existence: Often we are stuck in others’ consciousness. What I mean by others’ consciousness is being bogged down by thoughts on people whom we perceive to have wronged us. This can be due to personal experiences or prejudices.

I would like to remind ourselves of a story in one of Pujya Sir’s talks where a soul will be having a beautiful discussion with God. It will be surrounded by all the souls who came to witness this discussion. When the soul wanted to be the aspect of forgiveness, another soul steps forward to offer itself. One feels only love that exists when we read the story and that is how I feel we should all live.

Commandments 5, 6 and 7 have to be followed as principles of life keeping this in aspect. All of us have to collectively come together, cooperate and live in harmony then we will be raining showers of His grace to the humanity.

Master has appealed in one of his talks “We are united in the common cause keeping towards the proper order the good of man and humanity”.

3. Service : “We should do our duty to uplift the mankind not minding whether they are doing their duty towards us properly. I believe that it is the highest moral which we should achieve though with some troubles and sacrifices on our part. This is a part of saintliness. When we work, it is but natural that some hurdles are also there. Gradually they diminish. They are good people everywhere hankering for HIM” – Showers of Divine Grace, Page 152

It is our duty to spread the message of Master not minding the difficulties. When the goal is kept in view, the difficulties are not known and it only gives happiness and benefits everyone around us.

9 PM prayer in its essence has to be understood and practised. Then universal prayer will not be restricted to just 9 PM but will be extended all through.

When all of us cooperate and live for a higher purpose as exhorted by Master, it becomes a river of His grace that only keeps serving the humanity on its path.

Pranams

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